

Welcome to our fourth virtual Update for Referrers

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27th April 2022

Overview

1. Inpatient Services
2. Outpatient Services
3. Myton Online Resources
4. Time for Q&A

Inpatient Services

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Inpatients

- Both inpatient units open:

12 beds in Coventry

8 beds in Warwick

- Referral Reasons:

Symptom Control – physical, spiritual and psychological needs

Terminal Care – days to weeks



Inpatient referrals

- Hospital referrals require a pre-admission COVID-19 test prior to transfer
- Community referrals do not require a pre-admission COVID-19 test – we will do this during our clerking
- At the current time we are able to accept patients requiring Aerosol Generating Procedures (AGPs) into Warwick Inpatient Unit (IPU)



Inpatient referrals

- Referrals Team cover
Mon to Thurs 8am – 6pm
Friday 8am – 5pm
(excluding bank holidays)
- Out of Hours via IPU nurse in charge
- Call us to make a referral

01926 838889



What can we offer?

- Currently patients nursed in single rooms, all with access to our garden.
- Patients are able to have their pets (with clean paws!) visit.
- Smoking room for patients now open at Coventry IPU and Warwick IPU.
- Family facilities including 2 flats at each site and quiet rooms, relatives able to order from our menu between 9-5pm and have access to our vending machines.
- Jacuzzi Bath

Visiting on our Inpatient Units (since the 13th April 2022)

- A maximum of **six nominated visitors** per patient stay
- Only 2 visitors are able to visit at any one time
- All visitors are expected to undertake home LFT's (twice weekly)
- All visitors must follow strict guidance in relation to wearing PPE, handwashing and socially distancing
- If a nominated visitor becomes **symptomatic or confirmed with COVID-19** they will **no longer** be able to visit

For patients who are rapidly deteriorating or in the last hours/days of life:

- The ward manager and/or senior nurse, will use their discretion to support the patients loved ones with their visiting needs.

Outpatient Services

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Patient and Carer Wellbeing Services

The overall aim of the provision of service is for patients and families to receive expert supportive care by a team of multidisciplinary professionals and volunteers to;

- Enable people with life limiting illnesses to live as independently as possible in their own homes and communities (Goal setting)
- Provide education and information on progressive illness to patients and their carers/families and empowering them to engage in;
 - *difficult conversations about death and dying.
 - *Advance Care Planning (ACP)
- Facilitate access to our **Living Well programme** - a course of planned outpatient appointments aimed at enabling individuals to identify and manage their most significant concerns and priorities



Patient and Carer Wellbeing Services...contd.

- Examples of types of support: managing anxiety & fatigue, strengthening emotional coping strategies etc.
- **Self-Referral by telephone.**
Tel: 01926 838889 (9:30hrs to 13:30hrs) Mon - Fri
- Health Care Professionals can refer online www.mytonhospice.org/refer
- Call our Wellbeing nurses on 02476 936786

Example of Patient and Carer Wellbeing Online and Virtual Support

Wellbeing Special...June

Staying Active Keeping Steady from the Myton Therapy Team

Top tips for staying safe in and around your home from the Myton Therapy Team

Quote of the month - June

Look back and Smile - June

Nature

June Quiz

June Quiz Answers

Recipes of the Month

Arts and Crafts

Wordsearch

Colouring to relax

Wellbeing Wall

Guided imagery video one - A walk in a garden

Yoga Nidra with Jerry

Guided imagery video one - A walk in a garden



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Fatigue and Breathlessness (FAB)

Patients with a life-limiting condition -

- Breathlessness is a core symptom, but who may also suffer from fatigue and/or anxiety
- MRC Dyspnoea Scale: 3+
- Techniques in managing breathlessness and fatigue
- Increase resilience and build coping strategies
- **Not for patients purely with Asthma**
- 1:1 programmes delivered remotely via Telephone/Teams
- Small group work face to face now re-introduced

Online Referral Form for HCPs
www.mytonhospice.org/refer

Call our FAB team on 024 7684 1920



Lymphoedema

- We accept patients with lymphoedema secondary to active cancer and/or its past treatment
- Clinics are run at both Coventry and Warwick Myton and a home visiting service is available for those who are housebound. We are a Monday -Friday service 9-5pm.
- We are offering face to face appointments and remote appointments depending on the patient's needs
- Online referral form or nhs.net email swg-tr.lymphoedema.myton@nhs.net



Myton @ Home

(Rugby, Leamington and Warwick)

- Work closely with the patients key worker (usually a District Nurse) to plan the care required
- Service: 7 days a week (Day Visits and Night Sits)
- HCA support for patients and loved ones during their last weeks /days of life
- Clinical Nurse Practitioner role recently implemented in the service
- CHC fast track needs to be in place
- Refer online www.mytonhospice.org/refer

Call our Myton at Home nurses on:

Rugby 01788 551516 / or Warwick 01926 838814

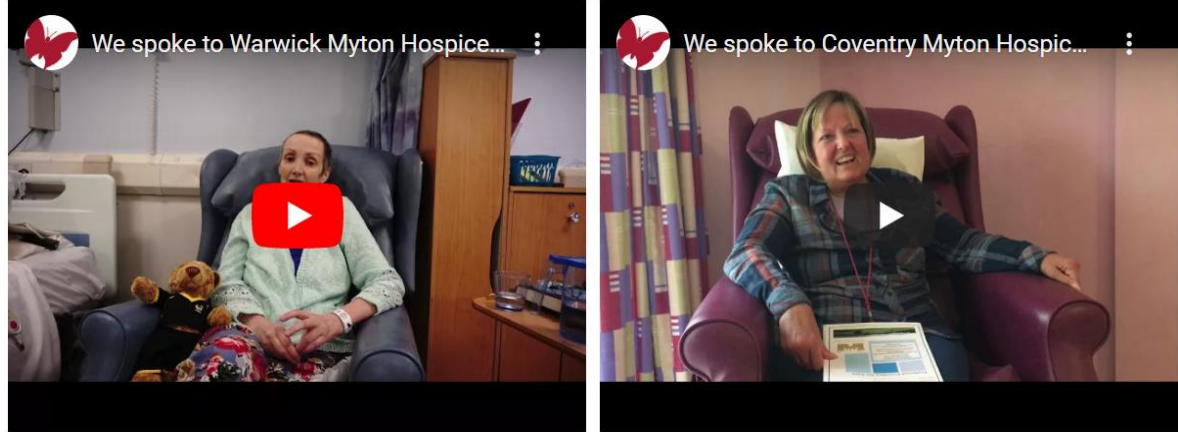


Useful Resources: www.mytonhospice.org

www.mytonhospice.org/healthcare-professionals

Inpatient Unit Admission Pack	Download	Lymphoedema information	Download
Warwick and Leamington Myton at Home information	Download	Living Well information	Download
Rugby Myton at Home information	Download	Fatigue and breathlessness information	Download
Patient and Carer Wellbeing Service information	Download	Patient, Family and Carer Support Service information	Download
Referrers Presentation (1MB) - 27.01.21	Download	Referrers Q&A - 15.10.20	Download

www.mytonhospice.org/videos



www.mytonhospice.org/virtualtour

- [Coventry Virtual Tour](#)
- [Rugby Virtual Tour](#)
- [Warwick Virtual Tour](#)



www.mytonhospice.org/healthcare-professionals

Service	How does a healthcare professional refer to this service?	Can a patient or family member self-refer to this service?	Is there someone I can call for more information about this service?
Inpatient beds (Warwick and Coventry)	Referrals can either be made by telephone to the Referrals Team on 01924 838887. Mon – Thurs 8am to 4pm, Friday 8am to 5pm (excluding bank holidays) or using our online referral form which can be found on the Myton Hospices website www.mytonhospice.org/refer . Out of hours any urgent request for admission call 01924 838887.	Only healthcare professionals can refer patients to this service.	If you would like to talk to a member of the Referrals and Discharge Team please call 01924 838887.
Myton at Home (Rugby, Leamington and Warwick)	Referrals can either be made by telephone to the Myton at Home Team on 01924 838814 or using our online referral form which can be found on the Myton Hospices website www.mytonhospice.org/refer .	Only healthcare professionals can refer patients to this service.	If you would like to talk to a member of the Myton at Home Team please call 01924 838814.
Patient and Carer Wellbeing Service (which also incorporates our Living Well Programme)	Referrals can be made using our online referral form which can be found on the Myton Hospices website www.mytonhospice.org/refer .	Patients and/or Carers can make a self-referral by contacting the Referrals team on 01924 838887 between 9.30am and 1.30pm (Monday to Friday (excluding bank holidays)).	If you would like to talk to a Wellbeing Nurse please call 02474 924784.
Lymphoedema	Online referral form www.mytonhospice.org/ivg-tr/lymphoedema.myton@nhs.net	Only healthcare professionals can refer patients to this service.	If you would like to talk to a member of our Lymphoedema team call 01924 838804.
Fatigue and Breathlessness (F&B) Programme	Referrals can be made using our online referral form which can be found on the Myton Hospices website www.mytonhospice.org/refer .	Only healthcare professionals can refer patients to this service.	If you would like to talk to someone about the F&B programme call 01924 472618.
Patient Family Carer Support Services	At present the services within this category are used to enhance the care and support provided to patients and their families who are receiving any of the above services. To access these services please refer via the Patient and Carer Wellbeing Service.		
<ul style="list-style-type: none"> Complementary Therapy Physio & Occupational Therapy Spiritual & Pastoral Care Adult, Children and Young person's counselling 	At present the counselling service is used to enhance the care and support provided to patients and their families who are receiving any of the above services. To access this service please refer via the Patient and Carer Wellbeing Service. We are also happy to provide advice and signposting to other healthcare professionals – call 01924 838820.		

REFER TO THE MYTON HOSPICES



Take Away Messages

- Early intervention and support for patients and loved ones is key – please refer
- Phone us – to discuss any patients that you feel would benefit from our services
- We will never ‘discharge’ a patient
- Contact olivia.bowskill@mytonhospice.org if there are opportunities for us to work with you and your team
- **Online Referral and Telephone Referral**
01926 838889

www.mytonhospice.org/refer

Thank
You

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