

Volunteer Role Description



Role Title	Qualified Complementary Therapy Team Volunteer
Role Location	Warwick / Coventry & Rugby Myton Hospice
Role Days/Hours	Mon -Sunday 4 Hour Shift
Responsible To	Complementary Therapist team leader

The Myton Hospices – *Enhancing lives, empowering people*

At Myton we believe that everyone matters for every single moment of their life and that treating patients with dignity and respect is more important than meeting targets. We passionately believe that the final part of someone's life is as important as the beginning. We also know that making someone feel better is not just about medicine – sometimes holding someone's hand or taking the time to listen to their fears makes the greatest difference – if someone you love was dying isn't that what you would want for them?

In the last 12 months, we have worked with and supported over 1,500 patients and their families across Coventry and Warwickshire. This is in our hospices, via our patient and family support services and in the community through Myton at Home. We have to raise over £9.1 million to continue providing our care and can't do it without amazing people like you. Volunteers play a vital role in the services that we are able to offer – they are highly valued and we just couldn't operate without them!

Our Values:

- ☆ **One Myton**, one team, one goal – delivering holistic care
- ☆ **Professional** in all we do
- ☆ **Respect** and dignity for all
- ☆ **Value** every individual and ourselves

The Volunteering Opportunity – *How you can make a difference*

You will be volunteering in a collaborative and cooperative manner with healthcare professionals and other members of Myton in providing Complementary Therapies to our patients. By recognising and respecting each other's contributions within the care team.

You will be providing a flexible and holistic approach to people who access the services we offer. Everyone is unique, and so are their needs – the team at Myton understands this concept very well. Patients are valued for the unique life they lead, as well as their role in the lives of those they love Their life deserves dignity. People may forget what you say, but they never forget how you make them feel ... This is how YOU can make a difference. Their life deserves dignity. People may forget what you say, but they never forget how you make them feel... This is how YOU can make a difference.

Volunteering with the Complementary Therapy service will be a demanding and challenging opportunity, yet a very rewarding and fulfilling one that allows you to be part of supporting someone living and coping with a life limiting illness.

We are particularly looking for people who are qualified to deliver Aromatherapy, Reflexology and Massage.

Key Duties – What your role will involve

Following completion of The Myton Hospices Complementary Therapy mandatory training programme, your role will involve the following:

Working one-to-one, with patients, their families and carers.

- ☆ To practice the Complementary Therapies for which you are trained, whilst following the guidelines for safe practice as a qualified Complementary Therapy volunteer
- ☆ To assess the suitability of patients for treatment, taking relevant case history information into consideration
- ☆ To maintain accurate computerised records about the treatments you have provided
- ☆ To work as a member of a multi-disciplinary team, giving feedback to clinicians where appropriate
- ☆ Attendance at Complementary Therapy team meetings to keep up to date with developments within the team
- ☆ Maintaining confidentiality and working to Myton's policies and procedures are vital in this role.

An Enhanced Disclosure & Barring check will be required for this volunteer role.

Skills & Qualities – Will the role suit me? Yes, if you are...

- ✓ A recognised professional qualification in **at least one** Complementary Therapy
- ✓ **Current insurance to practice therapy / therapies offered**
- ✓ Membership to a professional regulatory body
- ✓ Evidence of providing Complementary Therapies to 'clients'
- ✓ An interest in the field of palliative and supportive care, or a willingness to learn more about the needs of people in this area
- ✓ An awareness of the physical problems and psychological issues that patients and families may experience or present with and/or be committed to developing your personal skills and knowledge relating to the care and support required by patients and their families who are living with life limiting illnesses
- ✓ The ability to adapt treatments and have a flexible, creative approach to providing treatment sessions
- ✓ The ability to work as part of the multi-disciplinary team (MDT)
- ✓ Experience and / or a desire to work with people
- ✓ Good communication and interpersonal skills, with a good sense of humour
- ✓ An ability to provide empathy with patients and clients
- ✓ The ability to effectively manage your time
- ✓ Lots of enthusiasm, motivation and professionalism
- ✓ The ability to work as part of a team, but also independently when required
- ✓ Commitment to your volunteer role and flexibility when it is needed
- ✓ Self-awareness of your strengths and limitations
- ✓ The ability to keep accurate records
- ✓ A respect for others and their diversity.

Benefits – What can Myton offer me as a volunteer?

- ✓ The chance to utilise your skills and experiences
- ✓ The provision of education and information in order to enhance your skills and knowledge to support you in your role e.g. fire safety, moving and handling, infection prevention and control, safeguarding children and vulnerable adults
- ✓ A rewarding role, friendly people, Flexibility and support.
- ✓ The opportunity to 'give something back' and support your local community.
- ✓ Reimbursement of your travel expenses within the boundaries of Coventry & Warwickshire
- ✓ A character reference when required (after 3 months in role)

For further information about this role, please contact Kate Hawkins,
Complementary Therapist Team Leader,
directly on 01926 492 518 or via email kate.hawkins@mytonhospice.org