

Volunteer Role Description



Role Title	Well Being Support Volunteer
Role Location	The Myton Hospices: Coventry, Rugby & Warwick
Role Days/Hours	Ad hoc
Responsible To	Well Being Services Lead

The Myton Hospices – Enhancing lives, empowering people

At Myton we believe that everyone matters for every single moment of their life and that treating patients with dignity and respect is more important than meeting targets. We passionately believe that the final part of someone's life is as important as the beginning. We also know that making someone feel better is not just about medicine – sometimes holding someone's hand or taking the time to listen to their fears makes the greatest difference – if someone you love was dying isn't that what you would want for them?

In the last 12 months, we have worked with and supported over 1,500 patients and their families across Coventry and Warwickshire. This is in our hospices, via our patient and family support services and in the community through Myton at Home. We have to raise over £9.1 million to continue providing our care and can't do it without amazing people like you. Volunteers play a vital role in the services that we are able to offer – they are highly valued and we just couldn't operate without them!

Our Values:

- o **One Myton**, one team, one goal – delivering holistic care
- o **Professional** in all we do
- o **Respect** and dignity for all
- o **Value** every individual and ourselves

The Volunteering Opportunity – How you can make a difference

Our Well Being Support volunteers will help us to reach our patients by helping us to provide support, activities, education and relaxation, giving patients the opportunity to chat with others in a similar situation in a group session.

The role is an opportunity for you to use your specific skills and experience to enhance the patient experience and create a welcoming space for patients. This might include supporting patients in coffee mornings, supporting or presenting activities for patients, helping to create and collate resources for patients or giving encouragement and support to patients.

Sometimes patients who are new to the Hospice can be unsure or anxious about attending group sessions with us. As a Well Being Support Volunteer you will provide assistance to those who need a little extra nurturing and support to engage in the group and activities.

Key Duties – What your role will involve

Depending on the skills and interests you wish to share, volunteers will be asked to:

- ✿ Be available pre-shift to discuss the session you are facilitating.
- ✿ Greet people as they arrive and help them to get settled – make them feel welcome by engaging in conversation

- ✧ Encourage involvement in social and recreational activities and assist the person in participating in these e.g. arts and crafts, quiz, dominos.
- ✧ Sit and talk with patients who would like support, feel nervous being new to the group or are struggling with their feelings or situation.
- ✧ Share information with the nursing staff relating to a person's wellbeing.
- ✧ Act as a 'buddy' for new volunteers, familiarising them with the daily routine and local procedures

An enhanced Disclosure & Barring check will be required for this volunteer role.

Skills & Qualities – Will the role suit me? Yes, if you are...

- ✧ Enthusiastic and cheerful with a positive attitude
- ✧ Reliable and trustworthy
- ✧ Respectful of confidentiality (this is essential)
- ✧ A social person who enjoys interacting with others
- ✧ Flexible to change
- ✧ Respectful of others and their diversity
- ✧ Passionate about helping families in your local community

Benefits – What can Myton offer me as a volunteer?

- ✧ The opportunity to make a difference to people at a difficult time in their lives
- ✧ The chance to support your local community
- ✧ An opportunity to develop new skills and experiences
- ✧ A chance to meet new people virtually
- ✧ Discounts at our retail shops
- ✧ Reimbursement of your travel expenses within the boundaries of Coventry & Warwickshire