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Welcome to The Myton Hospices Inpatient Unit

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We trust that you find this pack and the information it contains to be useful to you.

If for any reason you would like to discuss any element of our service, or your experience at Myton, please do not hesitate to contact us by emailing **feedback@mytonhospice.org**, or calling us on **01926 492518** or writing to us at:

The Myton Hospices -
Feedback Myton Lane
Warwick
CV34 6PX

ABOUT THIS BOOKLET



The staff and volunteers at The Myton Hospices would like to welcome you, your family and friends to Myton.

The team at Myton are warm and friendly and are here to support you and your loved ones. We are more than happy to answer any questions that you might have but we have put this booklet together with answers to some Frequently Asked Questions that might help you to settle in.

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**We have hospices
in Coventry,
Rugby and
Warwick**



**We provide all of
our services free
of charge**



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**Every year
we support
thousands of
people and their
families**

**We are a charity
and we rely on your
generosity and
support!**



**We care for
people with
a wide range
of life-limiting
illnesses**

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Why am I here?



Patients usually come to stay at Myton for the following reasons:

1. Symptom control e.g. pain, breathlessness, vomiting etc
2. End of life care
3. Respite

The length of your stay will depend on why you are here. For symptom control, the average length of stay is 10-14 days. Myton does not provide long term care. Before you are discharged we will ensure that the care and support you need is in place to ensure a safe discharge.



Who will be looking after me?

We will work with you to understand your needs and create an individualised care plan.

Our multi-disciplined team is made up of a wide range of staff and volunteers including:



Nurses, nursing assistants and student nurses



Doctors



Physiotherapists



Occupational therapists



Counsellors



Complementary therapists



Pharmacists



Lymphoedema team



Catering and domestic teams



Pastoral care team



Volunteers

What do I need to bring?

Night clothes or pyjamas

Day clothes (you might not need to wear your night clothes for your entire stay)

Clean underwear

A dressing gown and slippers

Toiletries, including soap, a toothbrush, toothpaste, shampoo and conditioner

A razor and shaving products if required

A comb or hairbrush

Paper tissues

Glasses / hearing aids / dentures if you wear them

A small amount of money to buy anything that you might want

Things to occupy you such as books, magazines or puzzle books, and please remember your phone charger

Medicines both prescribed and non-prescribed

Advance Care Planning documents such as your ReSPECT form and Preferred Priorities for Care if you have them

What facilities are available?



- Beautiful gardens to sit and walk in
- Meals and drinks – food is cooked daily in our kitchens and the catering team will work with you if you have any specific dietary requirements
- Children's area
- Free parking
- Jacuzzi bath
- Lounge and dining area
- Sanctuary space for spiritual and religious needs for all faiths and non-faiths.
- Smoking room – for patients' use only
- Tea and coffee
- T.V & radio
- Quiet rooms
- Vending machines for refreshments and snacks
- Wi-Fi

All facilities are provided free of charge for patients, including meals and drinks for patients, with the exception of the vending machine and the coffee shop/ coffee machine.



Some useful information



ALCOHOL

Inpatients can drink alcohol brought in by relatives within reasonable limits, relatives and visitors cannot drink alcohol unless they have specific permission for a special occasion.

DISCHARGE PLANNING

Myton is not a long stay facility. Often our patients will require only a relatively short time in our inpatient unit for symptom control and pain management. If a patient's condition is stable and can be monitored elsewhere, we would look into ongoing care with appropriate arrangements and support. The hospice team will work alongside an individual, and family members or carers, to ensure they are involved in future planning.

FIRE

The fire alarms are tested every Friday at 11am. This is only audible on the first Friday of the month. If there is a fire you will not be expected to leave the building and will be looked after by nursing staff.

ILLEGAL DRUGS

We operate a zero tolerance policy on the use of illegal drugs.



These leaflets
and a number of
others are available
at the Inpatient Unit
entrance or from a
member of the
nursing team.

INFORMATION LEAFLETS

Information leaflets are available to provide guidance and support on many topics, including:

- Cardiopulmonary Resuscitation (CPR)
- Care in the last hours
- Complementary Therapy
- Falls Prevention
- Physio and Occupational Therapy
- Planning your Discharge
- Preventing Pressure Ulcers
- Supporting you and your family

OXYGEN AND HAIRDRESSING

There are some health and safety issues in respect of hair styling equipment and the use of oxygen within our units, particularly in relation to fire safety. We would therefore ask that if you or your family wish to use hair styling equipment which has a heat source, for example a hairdryer, that you discuss this first with a member of the nursing team.

PETS

We actively support and encourage family pets to visit you during your stay but there are some associated risks that we need to manage to ensure the safety of patients, visitors and staff. Please speak to a member of the team before arranging for a pet to come to the hospice. Please note pets cannot stay overnight.

SMART SPEAKERS

Unfortunately due to confidentiality and privacy issues you cannot use smart speakers such as Echo dot, speakers with Alexa or any similar products at The Myton Hospices.

SMOKING

When a patient chooses to smoke, it is important that they only do so in the designated smoke room. In most cases, patients are fully capable of retaining smoking materials including matches and lighters and of managing their smoking activities safely and without supervision.

There can, though, be circumstances where patients show signs of confusion and may lack capacity to smoke safely. When these occasions arise staff will take possession of the patient's smoking materials and store them in a safe place. Our intention is to maintain safety and not unreasonably restrict patients from smoking. Wherever possible, this will be carried out in partnership with the patient and any other relevant persons, including families, relatives and visiting friends to enable arrangements for an appropriate level of supervision to ensure that the patient can smoke without presenting danger to themselves or others.

SURVEYS

We undertake surveys and research questionnaires to help us refine and improve our services. We would appreciate your help if you are asked to participate. If you have any feedback that you would like to share with us please let a member of staff or volunteer know, or you can email feedback@mytonhospice.org

VALUABLES

Please leave any valuables and large amounts of money at home. If you do have any valuables with you please ask a member of staff to store them in our safe.

VIOLENCE AND AGGRESSION

Myton will not tolerate violence and aggression towards its staff, volunteers, other patients or visitors.

10 Some useful information

Information for visitors



We appreciate that this is a very difficult time for you and we hope this information will help with any queries you may have whilst visiting your loved one.

ALCOHOL

Visitors cannot drink alcohol unless they have specific permission for a special occasion such as a wedding.

FIRE PROCEDURE

If the fire alarms sound, please leave the building and go to the Fire Assembly Point in the car park. Your loved one will not be expected to leave the building and will be looked after by nursing staff. Candles should not be lit anywhere in the hospice.

LAUNDRY

Unfortunately we are unable to offer a laundry service, so please help your loved one by doing their washing.

MEALS AND DRINKS FOR VISITORS

Meals and snacks are available between 9am and 5pm daily. Please order from the Menu at Reception by 4.30pm.

Visitors may be offered tea/coffee during the patients' round and there is the facility for staff or volunteers to make drinks at other times if appropriate. There is a vending machine, and Coventry Myton Hospice also has a coffee shop.

PRIVACY

If you see a green light above the door to a patient's room, please do not enter as this indicates that some clinical care is taking place. If your loved one is in a shared room you may sometimes be asked to leave the room, for example if another patient is being admitted or being seen by the consultant on their ward round.

RELATIVES ACCOMMODATION

We have very limited accommodation for relatives that may be available for you to use. This is allocated according to need and is reviewed daily. This accommodation is provided free of charge and should be left as found. Donations to help cover the upkeep are appreciated.

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VISITING

Visitors are welcome at any time. Please sign the visitors register on arrival and sign out when leaving. If you intend to visit after 8pm, please ring the Inpatient Unit and advise them of your approximate arrival time, this will ensure our staff are expecting you when you arrive at the entrance to the hospice. We also ask you to keep noise and visitor numbers to a minimum after 8pm to ensure our patients are not disturbed. Please keep your mobile phone on silent at all times when in the hospice and we would appreciate it if you don't use your mobile phone in communal areas or just outside patient rooms.

Children are welcome to visit as long as they are supervised by an adult at all times, and there are toys and activities for them.

Pets may be brought in but cannot stay overnight. Please keep dogs on a lead in public areas and clean up after them. Prior to visiting it is essential that nursing staff are informed if pets are fed on a raw meat diet.

SMOKING

Visitors are not permitted to smoke anywhere inside the hospice, only at the designated smoking area outside.

There are lots of ways you can help to fund our vital work, from joining our weekly lottery to donating good quality saleable items to one of our shops, and taking part in an event to leaving a Gift in your Will.

GIVE THE GIFT OF MYTON CARE AND LEAVE A LASTING LEGACY

Who pays for my stay at Myton? 15

Did you know?

We are a
charity, we are
not the NHS.

Our costs are at an all-time high
and just **17%** of our
funding comes from the NHS

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It costs over
£15.3 million
every year to provide our
services free of charge to our
patients and their loved ones

.....

If you are able to
make a donation
we would really
appreciate it.

www.mytonhospice.org/inpatient

   @MytonHospices

Registered Charity No. 516287

Coventry

Clifford Bridge Road
Coventry, CV2 2HJ
02476 841900

Rugby

Barby Road
Rugby, CV22 5PY
01788 550085

Warwick

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